

LDH, Ligue des droits de l'Homme http://www.ldh-france.org/



AEDH, European Association for the defense of Human Rights, http://www.aedh.eu/



EDRi, European Digital Rights http://www.edri.org/



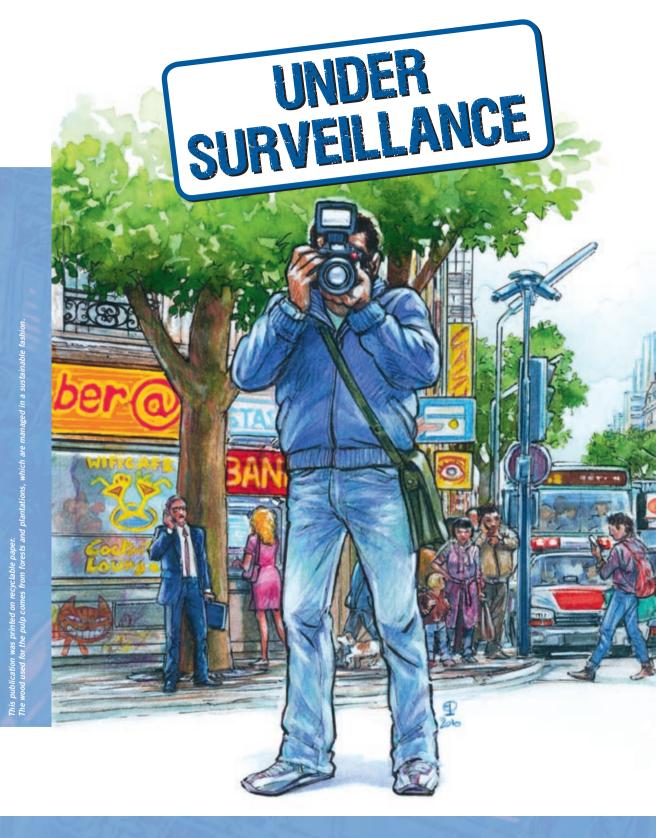
Pangea, Coordinadora Comunicació per a la Cooperació http://www.pangea.org



IuRe, Iuridicum Remedium http://www.iure.org



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# Protecting personal data: a necessary reflex

"Thinking you are above reproach" is not enough to stop your personal data from being used against you (by authorities, employers) and/or without your authorization (profiling, marketing).

- Give personal data only when required and only if proportional to the goal set.
- In case of doubt, it is legitimate to ask: «Why?", "Who is managing this information?", "What are my rights of access?"
- Always use complex passwords. Use several e-mail addresses and several usernames so as not to
  expose your personal data and those of your close relations. Use tools to surf the Net anonymously
  (e.g. TOR).
- On social networks, think carefully about the contents you put online, and set the settings that protect your private life.
- Put off cell phones; deactivate GPS when not in use.
- When paying online, always make sure that URL addresses of Web sites begin with https.

The Charter of Fundamental Rights of the European Union protects privacy and personal data.

# Useful addresses & references

#### European Authorities:

The **EDPS** (European Data Protection Supervisor): an independent personal data protection authority, controls the activities of European institutions, makes recommendations on European legislative projects.

http://www.edps.europa.eu/EDPSWEB/edps/Home

Group composed of national authorities and the EDPS:

http://ec.europa.eu/justice\_home/fsj/privacy/workinggroup/index\_en.htm

### ■ Data Protection Authority (DPA):

In each European country, an independent authority is in charge of controlling the legislation on personal data protection rights, under directive 95/46. Its missions and capabilities are to inform people about their rights and obligations, to issue opinions or authorizations on data processing projects, conveying risks for the liberties and rights of people, to receive complaints, to control, to denounce breaches, and to take action.

Co-ordinates of the 30 European DPAs:

http://ec.europa.eu/justice\_home/fsj/privacy/nationalcomm/index\_en.htm

## Advice and Support:

**AEDH**, European Association for the defense of Human Rights - http://www.aedh.eu/ **EDRi**, European Digital Rights - http://www.edri.org/